

Resources for Understanding Womanhood

From the Saint Macrina Lecture 'Far Above Rubies: An Orthodox Understanding of Womanhood'

BOOK: *Joy to Serve* by Mat. Juliana Schmemmann <https://svspress.com/the-joy-to-serve/>

BOOK: *The Quotidian Mysteries: Laundry, Liturgy, and "Woman's Work"* by Kathleen Norris
<https://www.paulistpress.com/Products/3-061-0/the-quotidian-mysteries.aspx>

BOOK: *Mere Motherhood* by Cindy Rollins
<https://circeinstitute.org/product/mere-motherhood/>

BOOK: *Songs of Praise: A Psalter Devotional* by Sylvia Leontaritis
<https://store.ancientfaith.com/songs-of-praise-a-psalter-devotional-for-orthodox-women/>

BOOK: *God's Path to Sanity* by Dee Pennock
[God's Path to Sanity | St. Moses Bookstore \(stmosesbookstore.org\)](http://God's Path to Sanity | St. Moses Bookstore (stmosesbookstore.org))

BOOK: *Pearl of Great Price: the Life of Mother Maria Skobtsova* by Sergei Hackel
<https://svspress.com/pearl-of-great-price/>

BOOK: *Irreversible Damage* by Abigail Shrier
<https://www.barnesandnoble.com/w/irreversible-damage-abigail-shrier/1133754701>

BOOK: *Bad Therapy: Why the Kids Aren't Growing Up*
<https://www.barnesandnoble.com/w/bad-therapy-abigail-shrier/1143790525?ean=9780593542927>

ESSAY: "Marriage" from the Orthodox Study Bible
<https://www.saintemmelia.com/s/OSB-Marriage>

ESSAY: "God Comes to Women" from St Elisabeth Convent - Minsk
<https://www.facebook.com/stelisabethconvent.orthodox/posts/pfbid0L1UQ4f2DkQctgHewAimxr7tmJxYQpfCptRsJEdS4ogEZ4wGLHEWhxvYGPpgkUcXdl>

ESSAY: "Finding One's Vocation in Life" by Fr. Thomas Hopko
Parish Ministry Resources - Finding One's Vocation in Life - Orthodox Church in America

RECORDING: AF Women's Retreat 2018
The Ancient Faith Women's Retreat | Ancient Faith Ministries

RECORDING: AF Women's Retreat 2019

[The Ancient Faith Women's Retreat 2019 | Ancient Faith Ministries](#)

OPINION: "On Account of the Angels: Why I Cover My Head"

<http://orthodoxinfo.com/praxis/headcoverings.aspx>

BLOG POST: "The Indomitable Courage of Women" by Fr. Lawrence Farley

<https://orthochristian.com/121220.html>

BLOG POST: "Aristotle's vs. Jesus's Household Codes" by Rachel Held Evans

[Rachel Held Evans Blog](#)

Please note: Rachel Held Evans is NOT Orthodox, and as such, we do not necessarily recommend her other works. Please watch for theological inaccuracies if you choose to delve into her other writings.

BLOG POST: <https://www.saintemmelia.com/blog/guide-to-tying-headscarves>

PRAYERS: [Akathist to the Holy and Righteous Joachim and Anna \(liturgies.net\)](#)

[Akathist to the Righteous Joachim and Anna for Blessed Married Life \(svspress.com\)](#)

PRINTABLE: ["55 Maxims of the Christian Life"](#)

Print and hang up somewhere you can easily refer to it.

WEBSITE: <http://ww1.antiochian.org/women>

LIST OF SAINTS TO GROW CLOSER TO

Of course, the Theotokos is the best model for all women! You may be particularly interested in her role as the [Nurturer of Children](#), or [Joy of All Who Sorrow](#)

Mothers

Saint Emmelia (of course!) - particularly for those who have lost children

Saint Macrina the Elder

Saint Nonna

Saint Anthousa

Saint Monica - particularly for those whose husbands or children have gone astray

Others

Saint Mary Magdalene - for faithfulness in all things

Saint Xenia of St. Petersburg - generally, and in times of distress, instability, or uncertainty

Saint Salome - for women giving birth

Saint Anna - for women who wish to conceive

Saint Juliana the Merciful - when struggling with vocation

Saint Macrina the Younger - for daughters

Saint Elizabeth the Grand Duchess - when struggling with forgiveness

Saint Flora/Blath - for faithfulness in mundane tasks

Saint Winifred of Holywell - for women dealing with trauma

Saint Non - for women dealing with trauma

Saint Photini - for accepting God's Grace

Saint Mary of Egypt - for accepting God's Grace