

Additional Resources

Compiled by Pres. Dorothea & Mindi

General Parenting:

Orthodox Christian Parenting: Recipes for Raising Children

<https://www.holycross.org/products/orthodox-christian-parenting>

Parenting Towards the Kingdom

Dr. Philip Mamalakis

<https://store.ancientfaith.com/parenting-toward-the-kingdom/>

The Seer: The Life of the Prophet Samuel

<https://www.pelagia.org/the-seer.en.aspx#:~:text=The%20Life%20of%20the%20Prophet%20Samuel%20and%20its,relationships%20and%20bringing%20up%20children%20in%20the%20Church.>

Prayer:

Let the Little Children Come Unto Me

https://www.thriftbooks.com/w/let-the-little-children-come-to-me-stories-of-children-martyrs_various/2944534/?resultid=b040d276-213e-4f82-8087-e8b90545f091#edition=5676778&idiq=7690109

https://www.rocor.org.au/?page_id=925

The Prologue from Ohrid (Free)

Law of God - Seraphim Slobodskoy

<https://store.ancientfaith.com/the-law-of-god/>

https://www.youtube.com/watch?v=rRv_21H7ZFs&t=217s

Morning prayers with Mark Sultani

<https://www.orthodoxtalks.com/>

Orthodox Talks by Priestmonk Kosmas, particularly his talks on married life and raising children

<https://gabriel.church/wp-content/uploads/2012/09/Akathist-to-the-Mother-of-God.pdf>

Akathist to the Mother of God, Nurturer of Children

https://orthodox-mission.org/resources/akathists/Akathist_to_the_Guardian_Angel.pdf

Akathist to the Guardian Angel

Schedules:

<http://purplecrying.info/>

Healthy Sleep Habits, Happy Child

<https://www.thriftbooks.com/w/healthy-sleep-habits-happy-child-by-marc-weissbluth/248186/?resultid=2f15472f-3039-4295-872a-24fb1b620cec#isbn=0593158547>

NOTE: Useful for understanding sleep patterns—not necessarily for schedules

Quotations/Inspiration:

“If you are constantly angry and complaining, it is indicative of a proud soul. Humble yourself, reproach yourself, and the Lord is powerful to give you comfort and a helping hand.” - St. Anatoly of Optima

“There never was, and never will be, a place on earth free from sorrows. The only sorrow-less place possible is the heart, when the Lord is present there.” - St. Nikon of Optima

“Remember the one who has ridiculed you, who has grieved you, who has wronged you, who has done evil to you, as your physician, your healer. Christ sent him to heal you; don’t remember him with anger.”
-Abba Zossima

“[My ideal is] to be a fully perfect woman, and this is not easy, for one must learn to forgive everything.”
-St. Elizabeth, Grand Duchess of Russia

“It is not the man who criticizes himself who reveals his humility. Rather it is the man who continues to love the person who has criticized him.” -St. John of Climacus